

SAMPLE AGENDA #3

Middle School Arts Program

Friday, November 22nd
10:30-11:45am

- 10:30 “All the Woulda-Coulda-Shouldas” *Shel Silverstein*
discussion
- 10:35 “Today is the First Day of the Rest of My Life” *Maltby & Shire*
discussion
- 10:40 Introduction – who we are, what we do and why
Today – we’re going to dance, sing and speak power. We’re not going to talk about it. We’re going to show it. Why? Because there are many people all over the world that might not speak your language or hear you or even speak at all, but they can feel or see or move and tell you much more by doing so.
- 10:45 “I am from” poem structure. Who are you and how do you come here?
- 11:00 “What Power Looks Like”
- Divide into groups – pair with someone you know. Then your pair finds another pair that you kind of know. Then your group of 4 finds another group of 4 that you don’t know very well at all.
 - Choose a song, or a poem – either that you already know, or you brought with you or make something up – that says something to you about feeling powerful, feeling really good! Like you can do anything! (refer to “I am from” poem) and with everyone in your group – I want you to make up a dance that shows us those feelings. You can sing or talk in the dance, you can play something in the background, you can do it silently.
- 11:15 Presentations and discussions – 10 groups at 3 minutes each